



Textures of the Couch in Action

CONFERENCE & EXHIBITION



In association with the Department of Arts and Culture, The National Lottery Distribution fund, and in celebration of 20 years of Lefika La Phodiso/The Art Therapy Centre, this 2 day conference and exhibition will generate in depth conversations around the application of psychodynamic group Art Psychotherapy/Counselling practices as an agent of change in South African society.



FRIDAY 13th FEBRUARY

Day 1 of the conference opens dialogue around the application of psychoanalytically informed Community Art Counselling within a South African context. Psychoanalyst Mary-Anne Smith will contextualize the conference with a paper on Psychoanalysis in South Africa. Followed by an engaging keynote address by UK Art Psychotherapist and Group Analyst, Sarah Deco. Key research findings will be presented with a group of panellists from the different sectors. The afternoon session will focus on applied Lefika case material of Art Psychotherapy and Community Art Counselling practices, followed by a panellist discussion by psychodynamic practitioners.

EXHIBITION & GRADUATION

The exhibition will run concurrently to the conference and visually explores Lefika's model of practice through rich imagery generated by our staff, beneficiaries and student/counsellor's work. We invite delegates to join us at our exhibition opening and **Community Art Counsellor student graduation**, which will take place at the end of the first day of the conference. There will be opening addresses by representatives from the Department of Arts and Culture and the University of Johannesburg.

SATURDAY 14th FEBRUARY

Day 2 offers parallel experiential art psychotherapy workshops including a workshop facilitated by international guest Art Psychotherapist/Group Analyst Sarah Deco and Art Psychotherapist Dr. Hayley Berman. Workshop will explore group art therapy processes such as Social Dreaming and story telling. There will be a walk-about of the exhibition with exhibiting artists. Numbers are limited and participation in groups is subject to availability.

COST

R2000 for the conference

Optional to choose a daily rate (R1000 per day)

A light lunch and refreshments will be provided on both days

Subsidies & concessions available on application

CPD Points have been applied for - details to be confirmed

Space is limited

EARLY BIRD SPECIAL: R1800 for 2-day Booking - Valid until 1 February

Please book your space to avoid disappointment!



REGISTRATION

Please complete the registration form below and return to info@arttherapycentre.co.za

FIRST NAME: _____

SURNAME: _____

OCCUPATION: _____

PRACTICE NUMBER (please include for CPD points): _____

DAY 1 - please indicate YES OR NO

DAY 2 - Please indicate YES OR NO

EXPERIENTIAL WORKSHOPS

Please indicate if you would like to participate on either one or both days: ONE DAY OR BOTH DAYS

Dietary Requirements: _____

DEPOSIT INFO:

Standard Bank

Account Name: The Healing Through Creative Arts Foundation

Branch code: 004205 (Jan Smuts Branch, JHB)

Account number: 422271896

Swift code: SBZAJJ

Reference: SURNAME/CONFERENCE

Proof of payment to: info@arttherapycentre.co.za